

# I CAST MY SINS INTO THE SEA

♩ = 100

*sung to the tune of  
The Ants Go Marching One By One  
new words by Peter & Ellen Allard*

The musical score is written in 8/8 time and consists of five staves of music. The lyrics are written below the notes. Chord symbols are placed above the staff lines. The score includes a double bar line with repeat dots at the beginning of the first staff, and a double bar line with repeat dots at the end of the fifth staff. The tempo is marked as quarter note = 100.

Staff 1: *A m* *G*  
I cast my sins in - to the sea hur - rah \_\_\_\_\_ hur - rah. \_\_\_\_\_ I

Staff 2: *A m* *C* *E7*  
cast my sins - in - to the sea hur - rah \_\_\_\_\_ hur - rah. \_\_\_\_\_ I

Staff 3: *A m* *G* *F* *E7*  
cast my sins \_\_\_\_\_ in - to the sea, a bet - ter per - son I wil be and we'll

Staff 4: *A m* *G* *F* *E* *A m* *E* *A m* *E* *A m* *E*  
all go march - ing down to \_\_\_\_\_ the sea on this Rosh Ha - sha - nah. I *D.C. al Coda*

Staff 5: *A m* *E* *A m* *E* *A m* *E* *A m* *E* *A m*  
down to \_\_\_\_\_ the down to \_\_\_\_\_ the down to \_\_\_\_\_ the down to \_\_\_\_\_ the sea.  
*poco a poco decrescendo*

I throw the crumbs in one by one, hurrah hurrah (2x)  
I throw the crumbs in one by one  
A better daughter, a better son. *Chorus*

The crumbs all land upon a wave, hurrah hurrah (2x)  
The crumbs all land upon a wave  
I look to see how I've behaved. *Chorus*

White, wheat, rice, or corn or rye, hurrah hurrah (2x)  
To all my sins, I say goodbye. *Chorus*

The crumbs begin to float away, hurrah hurrah (2x)  
The crumbs begin to float away  
I'm glad I took the time to pray. *Chorus*

And now it's time to start again, hurrah hurrah (2x)  
And now it's time to start again  
All of the children, the women and men. *Chorus*